

RIDGMOUNT PRACTICE

CONSENT TO REMOVE NEXPLANON

- Nexplanon is licensed to have a contraceptive effect for three years after insertion. After this time it needs to be removed and replaced or another form of contraception used.
- After removal, the hormone levels from the implant become undetectable within a few days. This means that without another method of contraception the patient can potentially fall pregnant soon afterwards.
- A small dose of local anaesthetic is injected into the skin at the lower end of the implant to numb the skin. When numb, a small cut is made through which the implant can be pushed to remove it.
- Steristrips are placed over the site of the cut to hold the skin edges together to allow healing. The area will need to be kept clean and dry for 5 days.
- A pressure bandage will be placed over the wound to reduce the risk of bruising or swelling. This can be removed after 24 hours.
- There is a small chance of infection occurring at the wound. Please report redness/pus (rare)

I have read the above and consent to the removal of the Nexplanon device as described

Additional contraception has been advised for seven days after removal/replacement of Nexplanon:

(delete if not applicable)

NAME

SIGNATURE

DATE

Signature of Doctor performing the procedure.

